

The Children's Trust Parenting Programs

Agency	Program Overview	Parenting Curriculum	Service Area	Contact Name	Contact Phone	Contact Email
Affirming Youth Foundation Inc.	Affirming Youth Foundation offers the TRUST-US Enhanced Parenting Program to parents/caregivers and their children, 7-18, who are primarily referred from; Miami-Dade Juvenile Services Department, DJJ Detention Center, as well as Citrus Health Network. The target neighborhoods and zip codes to be served include Liberty City (33127, 33142, 33147, 33150), and Miami Gardens (33017, 33054, 33055, 33056, 33169, 33179).	Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), 3-18 years	North & Central County	Jonathan Spikes	(305) 230-4598	jonathan@affirmingyouth.org
Amigos Together for Kids	Amigos For Kids delivers the Amigos Strengthens Families and Communities Program throughout Miami-Dade County. For over 10 years, more than 2,000 families from high-risk communities have benefited from parenting and child session. Program activities include five 2-hour group parenting sessions, individual consultations, registration and screening, intake, assessments (when indicated) and childcare during in-person sessions for children of participating parents. Content will be delivered in English and Spanish by counselors who have completed an approved skills-based accreditation process. During the group sessions, parents engage in exercises to learn about the causes of child behavior problems, setting specific goals, and using strategies to promote child development, manage misbehavior, and plan for high-risk situations. A nutritious meal is provided for every participant during all in-person sessions to foster social support and learning.	Positive Parenting Program (Triple P) Birth-12 years	Central County	Raysa Perez Tabares	305-279-1155 ext. 7007 Cell: 305-431-1840	raysa@amigosforkids.org
Barry University	Barry University's Family Wellness and Strengthening Program serves as an ecosystem of support for children and families in our community. Families, parents/caregivers, and children are afforded high-quality programs to equip them with vital tools and skills to increase their protective factors and strengthen the family environment, which in turn will support children development and parent/caregiver well-being. Nurturing Parenting Program for Parents of Infants, Toddlers, and Preschoolers (NPP) is a home-based program that engages parents with children (birth to 5) in NW and NE geographical areas to improve child outcomes while strengthening the family dynamic. Strengthening Families 7-17 years program (SFP) is a strength-based family skills training program that engages parents and their children (ages 11-17) in interactive group sessions with other families. Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is offered to children (ages 6-18) and parents/caregivers who have experienced distress, diverse, multiple, and complex traumatic experiences.	Nurturing Parenting Program, Birth-7; Strengthening Families Program, 7-17 years; Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), 3-18 years	North County	Dr. Silvia Reyes	305-989-6808	Spreyes@barry.edu
Be Strong International, Inc.	Be Strong International program offers a parenting program that improve family wellbeing (e.g., positive parenting/family functioning) through an early intervention strategy that serves parents/caregivers of youth ages 12-16 who demonstrate behavioral difficulties. Focusing on Miami Gardens and Goulds, Raising the B.A.R. Level 4 will partner with Miami-Dade County Public Schools' The Parent Academy, Carol City Middle School and Norland Middle School serving Miami Gardens; and Cutler Manor Housing Project (located in Goulds). As Triple P Level 4 Standard is a parenting program, behavioral health interventions for teens will be provided through collaborations with community partners. Parents/caregivers will participate in 10, once weekly, one-hour in-person sessions scheduled at a date/time that is convenient for them; and will be provided telephone support/follow-up.	Positive Parenting Program (Triple P), 12-16 years	North & Central County	Darryl Auberry	(305) 969.7829 ext. 101	darryl@bestrongintl.org
Belafonte Tacolcy Center, Inc.	Parenting Program provides free, year-round, voluntary group sessions for parents/caregivers with children ages 5-17, to support child development, and develop parenting skills and/or positive family relationships by providing them 13 weekly lessons that address issues and challenges faced by African American parents using the evidenced-based practice The Nurturing Parenting Program for African American Families	Nurturing Parenting Program, Birth-18 years	North & Central County	Ja'na Smith	954-245-6289	jsmith@tacolcy.org
Catholic Charities of the Archdiocese of Miami, Inc.	Catholic Charities of the Archdiocese of Miami, Inc.'s Family Enrichment Program (FEP) provides parenting skills and family strengthening workshops to parents and caregivers of children from birth to 19 years of age. The FEP uses a family-centered and trauma-informed approach to build nurturing parenting skills and to improve child-rearing practices. Training provides families and/or caregivers, through primary program activities consisting of parenting education in a group setting and family support services.	Nurturing Parenting Program, Birth-18 years	South County	Evelyn Soto	305-753-3333/305-883-4555	esoto@ccadm.org
CAYUGA HOME FOR CHILDREN, INC. (formerly Institute for Child and Family Health)	Cayuga Centers offers varying parenting programs, Healthy Steps, All Aboard Family Literacy, and Parent and Child Enrichment. For the Healthy Steps program Healthy Steps Specialists work alongside a pediatrician, enhancing the well-visit for the family. Healthy Steps allows the pediatrician to focus on the medical needs of the baby/toddler and the Healthy Steps staff on the developmental and emotional needs of the family. The overall goal of Healthy Steps is to screen all babies/toddlers, intervene early, and help parents be the best parents possible. Parents as Teachers (PAT): Cayuga Centers' All-Aboard Family Literacy Program provides a comprehensive literacy-based early intervention home visiting program for at-risk families with children ages 0-5. The program utilizes the PAT curriculum which focuses on the early years to help parents understand each stage of their child's development. Parent and Child Enrichment (PACE): Cayuga Centers' PACE program utilizes the Incredible Years curriculum. PACE has been implementing the following Incredible Years curricula for 15 years: Preschool Basic Program, Toddler Basic Program, and Parents and Babies Program. PACE provides parenting skills classes and parent-child interaction groups to high-need families of young children ages 0-6 and to teenage parents of children ages 0-3 throughout Miami-Dade County.	Healthy Steps, Birth-3 years; Parents as Teachers, Prenatal-5 years; The Incredible Years, Birth-6 years	Countywide	Lilian Grava	(786) 810-0897	lilian.grava@cayugacenters.org
CCDH	The Advocacy Network on Disabilities' Parents CAN! Program offers in-home parenting education using the Nurturing Parenting Program's Nurturing Skills for Families (NSF), an evidence-based curriculum to families. The program offers services to families who have children with disabilities, developmental delays or presumptive disabilities and exhibit disruptive behavior up to 19 years of age. Parents CAN! also offers Trauma focused cognitive behavioral therapy (TF-CBT) to families with children who have disabilities, developmental delays or presumptive disabilities and exhibit disruptive behaviors, ages 3 to 21. TF-CBT aims at addressing the needs of children and adolescents with post-traumatic stress disorder or other difficulties related to traumatic life events.	Nurturing Parenting Program, Birth-19 years; Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), 3-18 years	Countywide	Irenaida Diaz	904-309-1911	ldiaz@advocacynetwork.org

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Children's Home Society	Children's Home Society (CHS) implements the Nurturing Parenting Program (NPP) as part of its Family Preservation and Stabilization Program (FPSP) targeting Miami-Dade families with children aged 0 to 17 years with a goal to prevent child abuse and neglect, promote family preservation, strengthen families, improve child and family well-being and ensure that children remain safely in their family home or prepare parents for reunification. Additionally, CHS offers Healthy Families Florida model, through the Healthy Families Florida Miami-Dade (HFMD) program targeting pregnant women and/or parents who have an infant of less than three months, living in Miami-Dade Zip codes 33030, 33032, 33033, 33034, 33035, has an open investigation, is receiving case management services and/or had prior involvement in the system and the case was closed. The voluntary home visitation model is proven to prevent child abuse, neglect, and other poor childhood outcomes by promoting nurturing parent-child interaction/attachment and appropriate disciplining methods; reducing stressors and providing needed resource information to families; and helping parents enhance family functioning through self-sufficiency.	Healthy Families, Prenatal-5 years; Nurturing Parenting Program, Birth-19 years	Selected Countywide	Ivelisse Carde-Serrano	305 – 992 - 8505	ivelisse.Carde@chsf.org
Citrus Health Network	Citrus Health Network programs aims to improve child and family emotional well-being by serving children from birth to 6, their parents and caregivers, providing several Evidenced Based Programs: Parent-Child Interaction Therapy (PCIT) program; Child Parent Psychotherapy (CPP); Trauma Focused Cognitive Behavior Therapy (TF-CBT), and ; Circle of Security Parenting (COSP) across Miami Dade County at 3 convenient sites, Central ECD offices in Doral, our Maternal and Child Health Center in the North, and our West Kendall in the South. Virtual options for families are offered as well as in-person and services are available in English and Spanish.	Child Parent Psychotherapy, Birth-5 years; Circle of Security Parenting, Birth-5 years; Parent Child Interaction Therapy, 2-12 years; Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), 3 – 18 years	Select Countywide	Stephanie Lopez	305-825-0300	slopez@citrushealth.com
City Of Miami	The City of Miami Families First Parenting Program (FF) is a year-round parenting program that will serve parents/caregivers and supportive family members of children ages 3 to 12. These include families with children ages 3-6 for Preschool Basic and families with children ages 6-12 for School Basic. The Preschool Basic Program will be offered with some virtual sessions at child care centers that are either Head Start centers or serve a majority of low-income and extremely low-income families. The School Basic Program will be offered in-person in designated Miami Dade County Public Schools Title 1 locations.	The Incredible Years, 3-12 years	Central County	Esther Balsera	305-416-1532	ebalsera@miamigov.com
City of Miami Beach	The City of Miami Beach Parent-Child Program offers families and children parenting services using the evidence-based Nurturing Parenting Program and Positive Parent Program. The Parent-Child Program will provide home-visiting parenting sessions using the NPP Prenatal Families and NPP Parents of Infant, Toddler, and Preschoolers curriculums. The Parent-Child Program will also offer four group parenting classes using the Triple P Level 4 Group Birth to 12-year-olds and the Triple P Level 4 Group Teen 12 to 16 Years curriculums. For those families with children with disabilities, the program is offered through age 22.	Nurturing Parenting Program, Prenatal-12 years; Positive Parenting Program (Triple P), Birth-12 years	Central County - Miami Beach	Carolina Iparraquirre	786-378 4365	Carolinaiparraquirre@miamibeachfl.gov
CMB Visions Unlimited	CMB's Forever Family (FF) parenting program serves families in the south Dade communities of Richmond Heights, South Miami, Perrine, Goulds, Naranja and the cities of Homestead and Florida City and the Town of Cutler Bay. The essential components of CMB's Forever Family (FF) parenting program are: (1) eligibility and referrals, (2) outreach and engagement, (3) assessment, including the use of standardized assessment instruments and tools, (4) Family Nurturing Plan with behavioral goals and Family Nurturing Journal, (5) Parenting Sessions including parent support, observations, debriefing sessions and home practice activities, (6) reassessment of services, and (7) service closure.	Nurturing Parenting Program, Birth-18 years;	South County	Chandra Burgess	786-316-3309	chandra@cmbvisions.or
Community Health of South Florida	Community Health of South Florida (CH) implements the Healthy Steps evidenced-based practice (EBP) at two pediatric service sites, the Doris Ison Health Center outside the Town of Cutler Bay and the Martin Luther King Jr. (MLK) Clinical Campus Health Center in Homestead.	Healthy Steps, Birth-3 years	South County	Celia Mion	786-293-5509	cmraoz@chisouthfl.org
Concerned African Women, Inc.	Concerned African Women, Inc. (CAW)'s New Dimensions in Parenting program provides high quality evidence-based group parenting workshops and child group activities to families living in the Miami Gardens, Opa-Locka, and Unincorporated areas of Miami-Dade County. The program serves families, inclusive of parents/caregivers and children ages 0-19.	Nurturing Parenting Program, Birth-18 years	North County	Wanda Brooks	305-621-3700	wbrooks@concernedafricanwomen.org
Empowering Youth, Inc.	Empowering Youth Inc. (EYI) implements the EMPOWER Family Strengthening and Parenting program using the Culturally Informed and Flexible Family-Based Treatment for Adolescents (CIFTA) and the Nurturing Parenting evidence-based programs. The primary program activities include individual counseling, family counseling, psycho-educational sessions, and home-based parenting classes. The program serves youth (birth to age 21) and their families residing in the cities of Miami Gardens, North Miami, North Miami Beach, and Opa-locka.	Culturally Informed and Flexible Family-Based Treatment for Adolescence, 11-18 years, Nurturing Parenting Program, Birth-18 years	North County	Laronda Thomas-Garcia	786-668-5141	lthomasgarcia@empoweringyouthinc.org
EnFamilia, Inc.	Enriching Families through Nurturing Parenting, offers group parenting services in Homestead and Florida City utilizing the Nurturing Parenting Program for School Age Children and the Nurturing Father's Program. Nurturing Parenting program primarily consists of parenting group sessions, child group sessions, fatherhood group sessions, and care coordination for program participants. These services are offered at eight locations, including migrant housing projects, local public and charter schools, childcare centers, and community centers. The program provides sessions in Spanish, Creole, and English, with cohorts available at flexible times to meet families' needs.	Nurturing Parenting Program, Birth-18 years	South County	Carlos Salgado	305-804-5146	carlos.salgado@enfamilia.org
Family & Children Faith Coalition, Inc.	Hope for Miami proposes serve male caregivers using the Nurturing Fathers EBP. We deliver this 13-week group parenting curriculum in varying site locations. Through the implementation of this program, we will offer male caregivers tools, strategies, and access to support networks, giving them opportunities to increase their engagement with their children, understand their importance as role models, and improve their parenting skills, contributing to the overall wellbeing of their families and communities.	Nurturing Parenting Program, Birth-18 years	North & Central County	Josie E Martinez	786-388-3000	jmartinez@hopeformiami.org
Family Central	Family Central offers various parenting programs to meet the needs of families in Miami Dade County. Family Central's HIPPY (Home Instruction for Parents of Preschool Youngsters) Program is a home visiting and family-literacy program. HIPPY serves Low Income or High Need (LIHN) families, with children between the ages of 2 and 5 years that reside in Miami-Dade County (North Miami, Miami Beach, Miami Gardens, Hialeah, Hialeah Gardens, Miami, Liberty City, Homestead, and Kendall). The program's goals are to strengthen a parent's capacity as his/her child's teacher and help them increase their child's desire to learn, as well as nurture their child's success in school. Family Central's Nurturing Parenting Programs (NPP) offer an evidence-based parenting curriculum through home visits for parents in Miami-Dade County. The programs work with families who have or care for a child between the ages of birth and 15 years of age. The NPP Infants Preschoolers and Toddlers home visiting program is provided for families with a child age birth to four and is 24-weeks. The NPP Nurturing Skills for families home visiting program is for families with a child age 5-15 and is 12 weeks.	Home Instruction for Parents of Preschool Youngsters (HIPPY), 2-5 years; Nurturing Parenting Program, Birth-18 years	North & Central County	NPP: Claudia Lear HIPPY: Diana Palacios	Claudia: 786-897-089 Diana: 732-322-4894	dianapalacios@familycentral.org claudialear@familycentral.org

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Family Resource Center	Family Resource Center's (FRC) Parenting Education Program offers families a 16 session community-based, culturally and linguistically sensitive program designed to prevent the occurrence or recurrence of child abuse or neglect. The program is part of the Miami Approved Dependency Parenting Provider Initiative. In addition, non-court ordered parents in need of services will also be served. Clients reside throughout Miami-Dade County. Enrolled parents meet in groups weekly for a two hour class in English or Spanish using the Nurturing Skills for Families curriculum.	Nurturing Parenting Program, Birth-19 years	Countywide	Rosario Hidalgo-Varga	305-960-5558 Cell: 305-877-9670	Rhidalgo@frcflorida.org
Family Action Network Movement, Inc. (FANM)	FANM Family Empowerment Parenting Program is designed to address the needs of immigrants and high-risk families in the targeted areas of Miami-Dade County, such as Little Haiti, North Miami, Miami Gardens, North Miami Beach, and Opa Locka. Services are provided in English, Spanish, and Kreyol. FANM's Family Empowerment Parenting Program brings parents and children together for 16 structured weeks. Each workshop features activities that foster positive parenting skills and self-nurturing, home practice exercises, family nurturing time, and activities to promote positive brain development and appropriate expectations of ages and stages in children from birth to 18 years.	Nurturing Parenting Program, Birth-5 years	North & Central County	Muriel Sautier / Roodie Valentin	(305)756-8060	msautier@fanm.org / rvalentin@fanm.org
Federation of Families, Miami-Dade Chapter Inc.	The Federation of Families brings the Triple P In-Home Positive Parenting Program to parents of children 0 to 12 who have concerns about their child's behavior or development across settings, such as school, community, and home. Offered countywide, to parents involved with child welfare, immigrant families, parents of children with disabilities, single fathers and mothers, grandparents, guardians, LGBTQ parents, and parents with LGBTQ children, all wanting to learn positive ways to discipline their children and improve overall family relationships. The 10 weekly in-person sessions with families provide a range of parenting strategies to develop positive child behavior and positive parent-child relationships.	Positive Parenting Program (Triple P), Birth-12 years	Central & North County	Nataly Estenoz	786-802-3448	Nataly@fofmiami.org
FIU Board of Trustees, Center for Women's and Gender Studies	Florida International University offers two curriculum in their parenting programs: Parent as Teachers and Positive Parenting program, Parents As Teachers PAT4YOU works with families using the Parents As Teachers curriculum, a comprehensive research based and evidence informed curriculum. PAT4YOU is a highly specialized best practice EBP, school readiness program for parents/caregivers with children from birth to age five (5). TripleP4YOU program utilizes the Triple P (Power of Positive Parenting) Group Lifestyle curriculum, which is an intensive prevention/intervention program designed to target healthy eating patterns while increasing activity levels. Triple P4YOU provides parents/caregivers with education and behavior modification skills training aimed at the prevention and management of childhood obesity. Triple P's Group Lifestyle program is an intensive fourteen (14) week session program that is delivered in ten (10) group sessions (in person or virtual) and four (4) individualized phone consultations or face to face coaching support.	Parents as Teachers, Prenatal-5 years; Positive Parenting Program (Triple P), 5-10 years	Select Countywide	Debbie Rudnicki	305-301-6832	rudnicki@fiu.edu
FIU Board of Trustees, Center for Children and Families	The Trauma-Informed Screening and Treatment Program is an evidence-based trauma-specific intervention, using Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) to youth (ages 3-18 years old) and their families throughout Miami-Dade County and is implemented with youth who disclose a history of childhood maltreatment and/or trauma and a non-offending caregiver. TF-CBT services will be offered through traditional in-person sessions at CCF and Cayuga clinics, virtually when needed to accommodate a family, and within a family's home if this is their expressed preference. The program's outcomes are the resolution of trauma and restoration of the well-being of youth and families.	Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), 3-18 years	Select Countywide	Dr. Nicole Fava	N/A	nfava@fiu.edu
Gang Alternative, Inc.	Gang Alternative, Inc.'s Circle of Strength (COS) program offers family strengthening supports to individuals and families through evidence-based trauma-focused cognitive behavior therapy and Nurturing Parent Program- Nurturing Skills for Families. In-home individual and family-based therapeutic services as well as in-home parenting education and parent group workshops will be offered throughout Miami Dade County with a focus on some of the county's most impoverished, crime-ridden areas predominantly populated by Hispanic Americans, Haitian Americans and African Americans.	Nurturing Parenting Program Birth-19 years; Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), 3-18 years	North County	Jeanine Peterson	786-391-2375 Cell: 305-775-7382	jpeterson@myga.org
Jessie Trice Community Health System, Inc.	Our Village at Jessie Trice Community Health System, Inc. (JTCHS) equips families with nurturing parenting skills, education and resources that offer alternative options to abusive and negligent parenting, while creating a network of support among families served. Our Village's weekly sessions will entail equipping families with the education, resources, and ongoing network of support and accountability required in experiencing desired behavioral changes of positive parenting.	Nurturing Parenting Program, Prenatal to 1 year.	Central & North County	Dr. Timothy Tyler	305-637-6400	TTYler@jtchs.org
Jewish Community Services of South Florida	Jewish Community Services of South Florida's (JCS) Families and Schools Together program (FAST) is an evidence-based, multi-family group intervention program designed to foster protective factors for children. The FAST Program aims to empower parents to be the primary prevention agents for their children. Families will be served utilizing the Early Childhood Education (ECE) curriculum for children ages 0-5 and their family members at three sites located in Homestead, Little Havana and Hialeah. Three cycles will be provided at South Dade Child Development Center in Homestead, two cycles at Sagrada Familia Child Development Center in Little Havana and two cycles at Centro Mater Walker Park Child Care Center in Hialeah, for a total of seven cycles/cohorts per year.	Families and Schools Together (FAST), Birth-5 years	South & Central County	Carina Mann	786 860 5713	cman@jcsfl.org
Le Jardin Head Start Program, Inc.	Le Jardin provides the Positive Parenting Program (Triple P), which is an international research-based curriculum geared towards families with children from birth to the age of 12. The curriculum addresses a variety of methods to meet the family's needs by targeting challenging behaviors for the purposes of creating a safe and stimulating home environment, home learning opportunities, realistic expectations, assertive discipline and teaching the parent how to take care of oneself. The sessions will be offered in English and Spanish.	Positive Parenting Program (Triple P), Birth-12 years	South County	Guadalupe Rodriguez	786-570-3970	grodriguez@lejardincinc.org
Lutheran Services Florida	Lutheran Services Florida (LSF) offers the Nurturing Parenting and Family Program- an intensive home visiting and group program that provides parent education, helps manage problems, and works with families for a minimum of 90 days to a maximum of six months. The primary goal of this program is to nurture a productive relationship and develop trust between family and staff. The program conducts universal screening for families enrolled as well as youth and target youth, ages 12-18, that may have disabilities, come from low-income/high-need areas, display disruptive behaviors, have mental health/substance abuse issues, and are/or at risk of being homeless.	Nurturing Parenting Program, Birth-19 years	North & Central County	Claudia Hodgson	(305) 636 - 3514	claudia.hodgson@lsfnet.org
Mexican American Council, Inc.	The Mexican American Council's (MAC) Family Empowerment Program (FEP) serves low-income farmworker families and their children in southern Miami-Dade County. MAC FEP provides parents with evidence-based parenting workshops that empower parents with the knowledge and tools needed to assess the needs of their children. The focus is to increase positive parent-child interaction, communication, and empower parents to help their children succeed in school. Based on the Positive Parenting Program (Triple P)/Level 4 Group Teen Curriculum, FEP workshops are delivered in a group setting by Triple P trained MAC FEP staff. This 8-week structured program is designed to help families enhance their communication skills by providing family members with the opportunity to engage in activities that help improve relationships and communication.	Positive Parenting Program (Triple P), 12-16 years	South County	Alicia Mendez	786-863-0328	amendez@mexamcouncil.org

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Miami Dade Family Learning Partnership, Inc.	The Miami-Dade Family Learning Partnership, Inc. implements the All in the Family parenting program based on the Incredible Years curriculum. Incredible Years is an evidence-based parenting program designed to foster parenting skills known to promote children's social competence and reduce behavioral problems. The Incredible Years programs are culturally-sensitive, and have demonstrated effectiveness amongst diverse populations. We implement the Baby, Toddler, and Preschool curricula, serving expecting families and parents of children aged from birth to five years. Our program is provided for a selective populations: Early Head Start/Head Start families, pregnant and parenting teenagers, and families who are more likely to experience social, behavioral or health problems due to Adverse Childhood Experiences (ACEs). Parents/caregivers attend weekly group sessions with two trained facilitators and are given opportunities to collectively and individually develop effective strategies for managing their children's behaviors. The program's goals are to increase parental competence, strengthen attachment and nurturing, and to reduce the likelihood of harsh and inappropriate discipline.	The Incredible Years, Birth-6 years	North & Central County	Lisa Blair	305-409-9879	lblair@childreadiness.org
Miami Lighthouse for The Blind & Visually Impaired, Inc.	Miami Lighthouse (MLB) Blind Babies and Pre-School Children Parenting Program (BBP) is a family-centered program that engages parents/primary caregivers of blind or visually impaired children, birth to age five, as partners to build on their strengths while providing the resources that best serve their needs. The BBP serves blind and visually impaired children and their families who receive screenings, assessments, personal/home visits, group connections, and access to a resource network of community partners. BBP is the only early intervention program in Miami-Dade County designed for our county's blind or visually impaired children and their families. The BBP implements the evidence-based Parent As Teachers (PAT) through home visits and onsite group/family connections. PAT is an early intervention program that builds strong communities, thriving families, and children who are healthy, safe, and ready to learn. We welcome all families and parents/primary caregivers, including fathers, mothers, other relatives, and non-relative caregivers. Our trained and experienced staff members embrace principles of equity, justice, and inclusion. Our home visiting program component and in-person/virtual parent support groups aim to provide flexible programming options.	Parents as Teachers, Prenatal-5 years	Select Countywide	Jehiel Guzman	305.753.9283	jguzman@MiamiLighthouse.org
Our Child Care, Inc.	Our Little Ones Learning Center provides group parenting sessions through our OLO Ansam Nap Vanse program for the general population of caregivers for children ages 3-6 and parents of children attending Title 1 schools in Miami-Dade County. The program provides the sessions at our OLO site location. Participants will attend 18-20 2-hour weekly sessions.	The incredible Years, Birth-6 years		Marthe- Louis- XVI	305-754-8444	socialservices@ourlittleones.org
Overtown Youth Center, Inc.	Overtown Youth Center (OYC Miami) seeks to strengthen families in Overtown, Wynwood, Miami Gardens, and nearby communities, with a primary service population of African American parents and caregivers. Utilizing the evidence-based curriculum Nurturing Parenting Program for African American Families, OYC Miami aims to empower parents with the skills and tools to support their children and develop as parents. The Nurturing Parenting Program for African American Families curriculum supports a cohort model, placing parents/caregivers into small groups thereby increasing community amongst participants. Parent sessions will occur at Overtown Youth Center, Jose De Diego Middle School, and Hibiscus Elementary School.	Nurturing Parenting Program, Birth-18 years	North & Central County	Brittany Lambert	786.295.7645	brittany.lambert@oycmiami.org
Parent to Parent of Miami	Parent to Parent of Miami's Parent Enrichment, Empowerment and Resiliency (P.E.E.R.) Project provides parents/caregivers who have children with disabilities or special needs or suspect there might be an issue with their child's development, peer support by another parent (our Education and Support Specialists) who themselves are parents of children with disabilities and who have gone through an extensive training program. The shared experience of talking and connecting to another parent who also has a child with a disability provides a unique bond between the Education and Support Specialist (ESS) and the parent reaching out for support. Individualized one-to-one assistance is tailored to each parent's unique family needs.	Parent to Parent Peer Support Program, Birth-18 years	Countywide	Sandra Rancano	305-271-9797 x 236	srancano@ptopmiami.org
Richmond Perrine Optimist Club, Inc.	The Richmond-Perrine Optimist Club Inc. of Miami Florida offers its Parent Support Program utilizing the Nurturing Parenting Evidence Based Curriculum, for parents and their infants, toddlers and preschoolers for families with children ages 0-5. The in-home and group based curriculum teaches the participating parents about their children's brain development, understanding discipline, nurturing as a lifestyle and multiple topics. The in-home sessions include an introductory session, program assessment, assessment review, planning and tutorials to assist parents struggling with learning the lessons' competencies. Our goal is to help stop the generational cycles of child abuse in the community, targeting families who live in public housing sites and surrounding communities: Perrine Gardens HUD, Rainbow, Richmond Homes and Perrine Villas in West Perrine; Arthur Mays Villas HUD, Goulds Homes and Goulds Plaza in Goulds; Southridge I and II in South Miami Heights, Pine Island and Sunset Point HUD, Moody Gardens; Homestead Gardens in Homestead, and Florida City.	Nurturing Parenting Program, Birth-5 years	South County	Elizabeth Pitts	305-253-3793 Cell: 305-316-4348	rpocpsp@bellsouth.net
Sant La, Haitian Neighborhood Center Inc.	Sant La offers our popular parenting program utilizing the Strengthening Families for 10-14 Program for parents who desire to see their children/youth develop skills needed to resist peer pressure that leads to risky behaviors. Primary program activities include parent/caregiver and youth training that improves parent-child relationships, promotes positive youth development and decreases parent stress and provided in both English and Haitian-Creole. We also offer our successful counseling and culturally competent interventions to youth and their families facing behavior problems, juvenile court involvement, youth violence, substance abuse, trauma-induced behavioral and emotional challenges. This clinical program will utilize treatment models such as the evidence-based Culturally Informed and Flexible Family-based Treatment for Adolescents (CIFTA), which was developed locally at the University of Miami and is tailored to each youth's and family's cultural and clinical profiles. We will also use Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), an evidence-based treatment that helps children address the negative effects of trauma, overcome problematic thoughts and behaviors, and develop effective coping and interpersonal skills.	Culturally Informed and Flexible Family-Based Treatment for Adolescence, 11-18 years; Strengthening Families Program, 10-14 years Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), 3-18 years	North & Central County	Parenting: Karine Monpremier, Therapy services: Jinia Williams	Jinia 786-828-7656	Karine Monpremier - karinea@santla.org , Jinia Williams - jwilliams@santla.org
Sundari Foundation, Inc.	The Sundari Foundation, Inc., dba Lotus House Women's Shelter provides Parenting and Family Strengthening programs to children and families experiencing homelessness who originate from throughout Miami-Dade County via the Lotus House Parenting Program.	Family Check-up, 2-17 years; Positive Parenting Program (Triple P), Birth-12 years; Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), 3-18 years	Select Countywide	Dr. Shana Cox	N/A	shana@lotushouse.org

The Children's Trust Parenting Programs

The Arc of South Florida, Inc.	Arc of South Florida's Positive Parenting Programs offered in three locations: Miami Gardens, Kendall and Florida City in English and Spanish. Arc uses two Triple P curricula: Level 4 and Stepping Stones. All interested parents and caregivers attend an Introduction/Assessment night prior to beginning the session series. Level 4 targets all parents with children 2 through 12 years who wish to optimize child development and manage behavior. Included are 17 strategies for communication with children, specific discipline strategies and the importance of positive parent-child interactions. Parents commit to five weekly group sessions of 2 hours. Stepping Stones targets parents of children with disabilities who also wish to optimize child development and manage behavior. Stepping Stones aims to teach their children with disabilities skills in communication, problem solving, self-care and regulation meets the needs more directly for these parents. Parents commit to six weekly group sessions.	Positive Parenting Program (Triple P), Birth-12 years	South County	Eileen Smith	(305) 796-1139	Esmith.triplep@arcsofla.org
Touching Miami with Love	Touching Miami with Love (TML) Parent Empowerment Program provides creative and engaging parenting workshops that consist of eight two-and-a-half-hour weekly sessions over two months, followed by monthly booster sessions as needed, integrating the Families and Schools Together (FAST), an award-winning, evidence-based program that helps children achieve in school and life. In addition, FAST offers a variety of activities to empower parents and build connections between families, schools, and the community.	Families and Schools Together (FAST), Elementary 4-10 years	South & Central County	Jenie Georges	305-972-5286	Jennie@touchingmiamiwithlove.org
University of Miami, Department of Psychology	The Child and Adolescent Mood and Anxiety Treatment Program (CAMAT) at the University of Miami (UM) help addresses this youth mental health crisis through the CAMAT for children children (ages 7-12) and adolescents (13-17) in Miami-Dade County. The Unified Protocols for Transdiagnostic Treatment of Emotional Disorders in Children (UP-C) and Adolescents (UP-A). UP-C and UP-A will be provided in groups, and individually-delivered UP-C and UP-A, virtual sessions, as well as a group adaptation of the UP-A for LGBTQIA+ adolescents. Services will be delivered (a) on-site at CAMAT's UM-Coral Gables location, (b) virtually, and (c) at program sites in Miami Lakes and Homestead.	Unified Protocol, 13-18 years	Select Countywide	Jennifer Canovas	305-284-9852 ext. 1	jmc1056@miami.edu
University of Miami, Educational & Psychological Studies	The UM and Community Partners Adolescent and Family Indicated Prevention Program (UM CIFFTA) provides youth and their families with the skills and knowledge needed to react more effectively in the face of stressors to increase protective factors, reduce risk factors, and to facilitate more effective and supportive family relationships by implementing an evidence-based family therapy model: Culturally Informed Flexible and Family-Based Treatment for Adolescents (CIFFTA). CIFFTA is an evidence-based model that is culturally informed, trauma-informed, and tailored to the unique strengths and risk factors of youth and their families. CIFFTA training, and coaching and supervision to therapists who deliver the intervention. CIFFTA was designed for youth ages 11-18, targeting risk and protective factors at the school, neighborhood, and environmental domains, including failing schools, discrimination, acculturation, immigration-related stressors, and disabilities. Depending on the severity of child/family risk factors, the family can receive anywhere from 11 to 32 sessions. Services are offered in Miami Gardens, Little Havana/Allapattah, and South Dade/Homestead at four convenient locations that offer afternoon and evening hours for youth/families to attend treatment.	Culturally Informed and Flexible Family-Based Treatment for Adolescence, 11-18 years;	Select Countywide	Maite P. Mena, Psy.D.	(305) 284-8852	mmena@miami.edu
University of Miami, Miller School of Medicine	University of Miami Parenting seeks to meet the parenting needs of families within Miami-Dade County through provision of a continuum of evidence-based programs (Parent-Child Interaction Therapy [PCIT] and Healthy Steps) for families with children ages 0-12. Services to reach families across Miami-Dade County, with in-person and hybrid/virtual services in Downtown Miami, Overtown, Homestead, Kendall, Little Havana, and Coral Gables. UM-PCIT utilizes a live coaching model where caregivers learn and practice skills with their children (ages 2-12-years) during sessions and receive immediate, strength-based feedback. UM-Healthy Steps is a prevention parenting program where families of children ages 0-3 receive screening, enhanced pediatric well-child care visits, and consultations in English, Spanish, and Creole through three pediatric primary care practices. UM-Healthy Steps strives to support healthy child development, reduce caregiver stress, improve caregiver-child interactions, and promote effective parenting skills.	Healthy Steps, Birth-3; Parent Child Interaction Therapy, 2-12 years	Select Countywide	Jason Jent PCIT, Maite Schenker Healthy Steps	N/A	jjent@med.miami.edu mxs2515@med.miami.edu
University of Miami, Linda Ray Intervention Center	The University of Miami (UM) Linda Ray Intervention Center Nurturing Parenting Programs target families at risk for abuse and neglect. The Nurturing Program for Parents and their Children with Special Needs and Health Challenges is being implemented to support at-risk families, including those in child welfare, with children who have special needs and health challenges and reside primarily in the northwest and northeast region of Miami-Dade County. Eligible families include those with children identified with chronic or life-threatening medical conditions, developmental delays, life-altering disorders, and disabilities aged from birth to five years old.	Nurturing Parenting Program, Birth-12 years	Central County	Isabel Chica	305-325-1818 ext. 307	ichica@miami.edu
University of Miami, Department of Pediatrics	Funded by The Children's Trust (TCT) since 2004, UM Families First provides evidence-based, culturally competent and linguistically responsive family strengthening parenting services to at-risk families. Primary program activities are the Incredible Years Parents and Babies curriculum for caregivers and their infants ages birth to 1-year and the Incredible Years Toddler Basic curriculum for families with children ages 1-3-years. The Incredible Years curriculum focuses on supporting/enhancing parent-child attachment, improving parenting knowledge, optimizing child development, parent-child relationship, positive parenting/discipline skills, and school readiness. Parents/caregivers and infants meet for 2 hours weekly for 10 weeks, and facilitators use an interactive, relationship-based approach. The Toddler curriculum meet for 2 hours weekly for 13 weeks, and trained facilitators use video clips of real-life situations to encourage discussion and teach skills. Groups are offered in-person and in a hybrid (virtual/in-person) format.	The Incredible Years, Baby & Toddlers Birth-3	Countywide	Elana Mansoor	305-243-8425	emansoor@med.miami.edu